



# रक्षा लेखा विभाग (र.ले.वि.) मुख्यालय

उलान बटार रोड, पालम, दिल्ली छावनी-110010

DEFENCE ACCOUNTS DEPARTMENT (DAD) HEADQUARTERS

Ulan Batar Road, Palam, Delhi Cantt.- 110010

Phone: 011-25665703 Fax: 011-25674806, 25674821 email: [aniii.cgda@nic.in](mailto:aniii.cgda@nic.in)



F. No. Estt. Coord/3012/Yoga Diwas/2022 dated 14.03.2022.

To,

All PCDA's/ PCA (Fys.)/ PIFAs,  
CDAs/ IFAs/ RTCs.  
(through CGDA website).

**Subject: Celebration of 8<sup>th</sup> International Day of Yoga on 21<sup>st</sup> June 2022.**

Please find enclosed a copy of D.O letter No. M-16011/09/2022-YN dated 23<sup>rd</sup> February, 2022 from the Secretary, Ministry of AYUSH regarding observance of 8<sup>th</sup> International Day of Yoga on 21<sup>st</sup> June, 2022.

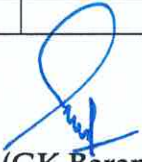
2. As requested by the Ministry of AYUSH, the organizations under Ministry of Defence are also taking action to carry out advance planning and preparations for the observance 8<sup>th</sup> International Day of Yoga 2022.

3. In pursuance to above, the Defence Accounts Department has also decided to arrange different activities to observe IDY 2022, which are mention below.

- (i) The IDY 2022 should be organized in physical mode by mass participation by all employees and their family members. Target for mass participation may also be fixed and reported to HQrs. Office.
- (ii) Two week training session of one hour duration each day by trained Yoga teacher may be organized to impart training to the participants based on common Yoga protocol.
- (iii) Webinar/ Lectures/ discussions/ talks on the benefits of Yoga may be organized during the fortnight.
- (iv) Yoga Charts and standees may be displayed inside the office premises as a Yoga awareness campaign.
- (v) Mass Yoga sessions may please be organized by the office on 8<sup>th</sup> International Day of Yoga on 21<sup>st</sup> June, 2022,
- (vi) Awareness campaigns on the benefits of yoga may also be launched in residential colonies of the Department.
- (vii) Innovative plans/ activities may be incorporated.
- (viii) Quiz, painting competition, essay writing competition may be organized.
- (ix) Leaflets on Yoga activities and its importance may also be distributed.
- (x) Ayush Portal may be perused for any new initiatives.

4. A report on observance of IDY 2022 alongwith photographs/ videos of mass participation and activities undertaken may be submitted to HQrs. Office after the program in below mentioned format through email at [aniii.cgda@nic.in](mailto:aniii.cgda@nic.in) for consolidation and onward submission to the Ministry.

Sl. No.	Name of organization	Detail of activities	No. of participants	Location	Remarks

  
(GK Baranwal)  
Sr. Dy. CGDA (Estt.)

**Copy to:**

1. Estt. Pay & Allowance Section, Local For information and necessary action as above.
2. IT&S Wing, (Local) With a request to upload on CGDA's website.

*sdxxx*  
(SC Gupta)  
Senior Accounts Officer



सत्यमेव जयते

वैद्य राजेश कोटेचा  
Vaidya Rajesh Kotecha

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7  
सचिव  
भारत सरकार  
आयुष मंत्रालय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,  
आई.एन.ए., नई दिल्ली-110023

Secretary  
Government of India  
Ministry of Ayush  
Ayush Bhawan, B-Block, GPO Complex,  
INA, New Delhi-110023  
Tel.: 011-24651960, Fax: 011-24651937  
E-mail: soey-ayush@nic.in

Dear Dr. Ajay Kumarji,

D.O. No. M-16011/9/2022-YN  
23<sup>rd</sup> February, 2022

This is regarding observation of 8<sup>th</sup> International Day of Yoga (IDY), which will be observed on 21<sup>st</sup> June, 2022. As you are aware, at the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision in 2014 to declare 21<sup>st</sup> June as the International Day of Yoga. As you would agree, this worldwide acceptance of Yoga is a matter of pride for our country, as Yoga has been an integral part of our cultural and spiritual heritage. The Ministry of Ayush is the nodal Ministry for observation of the International Day of Yoga (IDY) every year. Every year the main event of IDY observation is mass demonstration of Common Yoga Protocol, which is led by Hon'ble Prime Minister himself.

The preparations for IDY-2022 are already under way. The Ministry aims to bring more people into the fold of the activities of IDY-2022 by spreading the rewards of Yoga. As the upcoming 8<sup>th</sup> IDY is falling in Azadi Ka Amrut Mahotsav year, this Ministry proposes to observe IDY at 75 iconic sites across the country. For observation of 8<sup>th</sup> International Day of Yoga, Ministry of Ayush has planned a series of activities and programmes with the support of key stakeholders. This year, the IDY observation will be focused on India Branding with extensive promotions across the boundaries through all possible platforms print, digital, social media etc. Various activities such as pledge, competition, quizzes, video contest etc. for participation of general public will be organized on MyGov platform. A Committee of Secretaries (CoS) note in this regard is enclosed herewith.

I am writing to you to seek your support in this effort to make IDY a nation-wide campaign for public health. I would request you to carry out advance planning and preparations for the observation of IDY on 21<sup>st</sup> June, 2022 as mentioned in the CoS note.

Your Ministry/Department is a key stake-holder in promotion of various IDY activities with large resource pool at your disposal. Therefore, this Ministry seeks your support in reaching out to masses and promoting India Branding for making this IDY a successful, people's movement. I would be grateful if you could issue necessary instructions to all officers of your Ministry/ Department and attached & subordinate offices located in different parts of the country to prepare a detailed action plan for observation of the IDY-2022.

Contd...2/-

A nodal officer of your Ministry/ Department (not below Deputy Secretary) may kindly be nominated and details may be communicated to Shri Vikram Singh, Director, Ministry of Ayush Government of India (Tel: 011-24656863; e-mail: vikramsingh-cea@gov.in) for a seamless coordination. The Ministry of Ayush would be keen to hear about the activities and best practices that the other Ministries/ Departments put in place for IDY-2022.

With regards,

Yours sincerely,

Encl. As above

27/12/2022

(Rajesh Kotecha)

**Dr. Ajay Kumar,**  
Defence Secretary,  
Ministry of Defence,  
South Block,  
New Delhi-110001

FORMAT

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Sl. No.	Name of the Organisation	Details of the activity (ies) to be performed	No. of expected participants	Location	Remarks
1.					
2.					